

VLSK-DUR-01K (VLC-DUR04 & VLS-DUR03 & VLP-DURA-02K)

1. Our high spec valve spring kit (VLSK-DUR-01K) uses specially developed dual rate coils, the spring must be installed with the tighter coils at the seat face as this is the stationary end of the spring.

2. Standard Genuine Ford valve stem seals must be used with this kit, it is vital that when these are assembled into the platforms that they sit square and the shoulder of the stem seal does not hold the inner spring off of its seat area.

**INNER
SPRING**



**OUTER
SPRING**



Valve Lift (mm)	Installed Height (mm)	Lb	Notes
-8	41.4	25.2	
-7	40.4	31.8	
-6	39.4	38.4	
-5	38.4	45.2	
-4	37.4	52	
-3	36.4	59.4	
-2	35.4	67	
-1	34.4	74.6	
0	33.4	82	Base Line
1	32.4	90.6	
2	31.4	99	
3	30.4	107.6	
4	29.4	116.8	
5	28.4	126	
6	27.4	135.4	
7	26.4	144.6	
8	25.4	154.8	
9	24.4	165.2	
10	23.4	174.8	
11	22.4	185.6	
12	21.4	197.2	
13	20.4	209.6	13mm Valve lift
14	19.4	224.8	
14.5	18.9	Coil Bound!	

Please be aware that Technical Support involving our Technicians is chargeable