

August 2018

## 2.0L Ford Duratec

## **TORQUE WRENCH SETTINGS**

Specifications subject to change without prior notice

## MAIN CAP BOLTS - STD

\*\*IF REMOVED THESE MUST BE REPLACED WITH ARP STUD KIT\*\*

## MAIN CAP ARP STUDS

60lb Using ARP lube

### **BIG END BOLTS**

#### STANDARD TYPE ROD BOLTS

\*\*IF REMOVED THESE MUST BE REPLACED WITH ARP ROD BOLTS\*\*

#### Heavy Duty Rod Bolts for Standard Rods

Please see individual bolt instruction sheet.

#### Heavy Duty Rod Bolts for Steel Rods

Please see individual bolt instruction sheet.

## CRANK BOLT

#### SBD H/Duty (BLT-CRK-DURA-HD)

GRAPHITE GREASE UNDER HEAD & WASHER, OIL THREAD STAGE 1 – 74 LB/FT STAGE 2 – 90 Degrees

#### ARP H/Duty (BLT-CRK-DURA-ARP) ARP Lube UNDER HEAD & WASHER

Final – 145 LB/FT

## CAM CAPS

STAGE 1 - 5 LB/FT STAGE 1 - 12 LB/FT

## CAM PULLEY BOLT (Vernier Cam Pulleys)

15 LB/FT

### **SUMP BOLTS**

243 LOCTITE ALLOY SUMP – 18LB/FT DRY SUMP-----18LB/FT

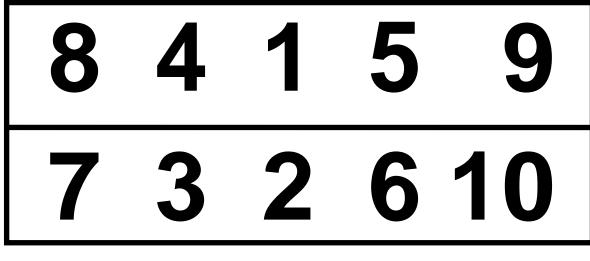
## **FLYWHEEL BOLTS, ARP**

Graphite grease under head of 243 LOCTITE on threads <u>STAGE 1 – 85lb/ft (115NM)</u> STAGE 2 – 105lb/ft (142NM

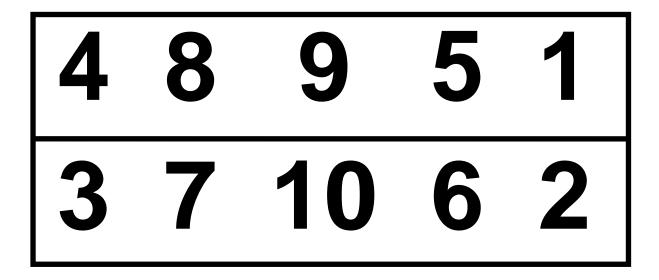
## ARP HEAD STUD KIT

60 LB/FT Only (Using ARP lube)
<u>\*\*SEE FOLLOWING SHEET FOR TIGHTNING SEQUENCE\*\*</u>

# 2.0L Duratec HEAD BOLT TIGHTENING SEQUENCE



# 2.0L Duratec HEAD BOLT REMOVAL SEQUENCE



Please be aware that Technical Support involving our Technicians is chargeable

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