March 2020

BLT-H1-STUD-KIT 2.0L 16v Head stud kit.

IMPORTANT NOTE

These Settings are only for use with SBD Cometic head gaskets part numbers: GSK-VX2-C88.00-03, GSK-VX2-C88.00-04 & GSK-VX2-C88.00-5. Disregard the pre-packaged ARP torque settings

We do not use these head studs with standard gaskets and cannot supply torque settings for their use with standard gaskets or any other gasket.

METHOD

Supplied ARP Ultra-Torque #100-9908 lubricant must be used on all threads and underneath face of nut and washer.

BEFORE CYLINDER HEAD IS INSTALLED: -

If engine is Post 93 you will need to make a 5mm thick alloy spacer to go under the ARP washer due to the thinner cylinder head (not required on Pre 93)

- 1. Ensure threads in block & on stud are completely clean
- 2. Apply lubricant to stud threads & screw stud into block finger tight only.

Once cylinder head is installed, fit nut & washer then:

	GSK-VX2-C88.00-03	GSK-VX2-C88.00-04	GSK-VX2-C88.00-05
STAGE 1	18 LB/FT (25NM)	18 LB/FT (25NM)	18 LB/FT (25NM)
STAGE 2	35 LB/FT (47NM)	35 LB/FT (47NM)	35 LB/FT (47NM)
STAGE 3	55 LB/FT (75NM)	60 LB/FT (81NM)	65 LB/FT (88NM)

2.0L 16V HEAD BOLT TIGHTENING SEQUENCE

9 5 1 3 7 10 6 2 4 8

2.0L 16V HEAD BOLT REMOVAL SEQUENCE

 1
 3
 9
 5
 7

 2
 4
 10
 6
 8

Please be aware that Technical Support involving our Technicians is chargeable

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